

THE RIVERHAWK CENTER FOR TEACHER EXCELLENCE



Monthly Newsletter

COMING UP:

Mental Illness Awareness Week
(TQ & BA) | 10/7-10/11
(observed all month)

Fall Break
(TQ & BA) | 10/17-10/18

Yappy Hour
(TQ) | 10/22

Looking Back



On September 18th, the BA center went to Dr. McCombs and Dr. Ross's classes for Yappy Hour. The three certified therapy dogs who joined us (Neva, Freddie, and Cypress) were pawsitively wonderful!



WHO ARE WE?

The RiverHawk Center for Teacher Excellence is a new, grant-funded organization whose aim is to recruit and retain P-12 teachers of diverse backgrounds in an effort to address Oklahoma's teacher shortage and put educators in classrooms whose unique identities reflect that of their students. At our centers on both the Tahlequah and Broken Arrow campuses, we offer a multitude of services such as tutoring, counseling, workshops, scholarships, as well as just a place to hang out and study. We have coffee, tea, snacks, and various school supplies donated especially for Education majors like you!

The Community Partner Fair for Educators took place on September 14th on the TO campus. Organizations from around the state came to share their resources with local teachers.



On September 24th, the BA center hosted its Student Resource Fair. Campus organizations & BA Neighbors were there to share their information with students!



“ The beautiful thing about learning is that no one can take it away from you. ”

-B.B. King

A SPECIAL THANK YOU TO OUR DONORS

Businesses & Organizations:

Metro Merch, Crumbl Cookies, Love Bottling, Target, Arrow Heights Baptist Church, First Baptist Church of Tahlequah, Sunrise Donuts, Countryside Wellness, LLC, The Lift, Tropical Smoothie Cafe, Starbucks, Junie's Closet, QuikTrip, Raising Cane's, McKee Foods, Chick-fil-a, McDonalds, Nothing Bundt Cakes, Hideaway Pizza, Imperial Co.

Individuals:

Sandy Ross, Dee McAffrey, Lauren Ross, Lori Fogerty, April Bardell, Kelly Callaway, Tobi Thompson, Nichole Sumpter, Kristy Eubanks, Emily Blakley, Niki Kotre

IMPORTANT LINKS



@[nsu_rcte](#)



[RCTE Video](#)



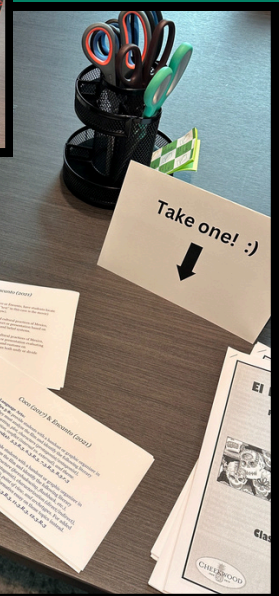
bit.ly.com/teacher_excellence

Let your
Light
Shine

Hispanic Heritage Celebrations!



During the month of September, both centers celebrated Hispanic Heritage Month with bulletin boards and resources applicable to our future educators!



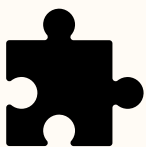
REMINDER



Please remember to check in every time you visit your respective center using the QR code that applies to you.

Thank you! 😊

Join us!



Did you know that both centers have free snacks and drinks available to all Education majors? We also have puzzles, books, computers, phone chargers, etc. Stop by for a brain break in between classes, or meet up with your study group in either of our centers! The BA center is in BAED 243 & the TQ center is in Bagley Hall 120.



MEET THE COACHES!

Dena Pace
(TQ)



Dena has a background in Psychology and Mental Health, and her passion in life is coaching! Fun fact: She feels most at home in the water or on the tractor.

Machele Potter
(TQ)




Machele has been serving in education for almost 25 years & is currently the Superintendent at Moseley Public Schools. She earned her Bachelor's and Master's degrees from NSU. She is married to her high school sweetheart & has two daughters, as well as a Maltipoo named Maple.


Dr. Reubin McIntosh
(BA)



Reubin is the Lead Principal at the 6th & 7th grade Academy in Muskogee. He has Academic Coaching experience and 6 years of classroom experience. He has a Bachelor's, Master's, and Doctorate degree.

THE COACHES CORNER

 RCTE-BA.YOUCANBOOK.ME (BA)

 RCTE-TQ.YOUCANBOOK.ME (TQ)

You can now schedule an appointment with an academic coach on your respective campus by using the links listed above OR by scanning the following QR codes:



BROKEN ARROW



TAHLEQUAH

COMING SOON

BA Academic Coach
BA Mentor Teacher
TQ Mentor Teacher

WHAT'S THE DIFFERENCE?

Academic Coaches are here to help you tackle any issues you may face during your time at NSU whether it's time management, work/life balance, certification test support, classroom management, etc.

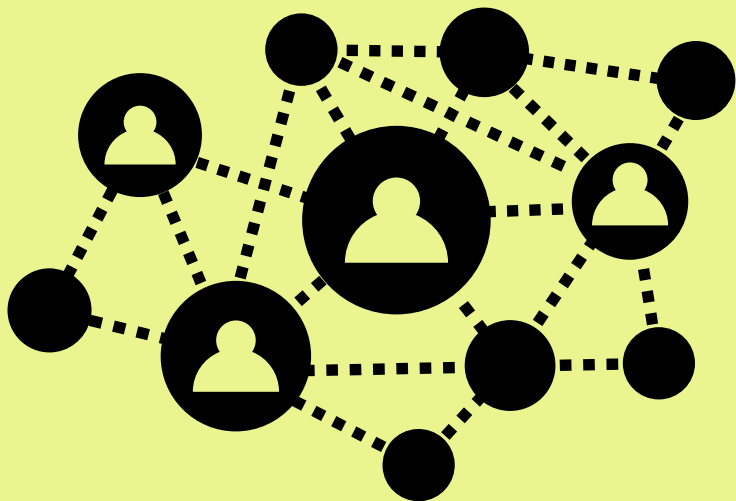
Mentor Teachers will only assist students who are in their Pre-1, Pre-2, and Full internships. They can come observe you, offer advice on lesson plans, provide classroom management support, etc.

YAPPY HOUR IN TAHLEQUAH!



On Tuesday, October 22nd, the RCTE in Tahlequah will host Yappy Hour! Studies show that spending time with furry friends has significant health benefits, including lowering blood pressure and stress levels. Stay tuned in to your NSU email and our social media page for more info as the date approaches!

STAY CONNECTED



We know the RCTE is AMAZING, but we also want to make sure you're staying connected to other important resources! Here are some fun events going on around campus during October:

ACADEMIC SUCCESS WORKSHOP ON TIME MANAGEMENT (Zoom)

Oct. 3rd, 5:30 - 6:30pm

WORLD FOOD FAIR!

UC Ballroom, 2nd floor (Tahlequah)

Oct. 10th, 11:00 - 1:00pm

NSU vs. UNIV. OF CENTRAL OKLAHOMA (football)

Doc Wadley Stadium (Tahlequah)

Oct. 19th, 1:00-3:30pm

[Click here to see more events!](#)

Follow us!



@nsu_rcte



@nsuriverhawks



@nsustudentengagement

THE RIVERHAWK CENTER FOR TEACHER EXCELLENCE

BRAIN BREAK WITH HAWKREACH

OCTOBER 8TH



Who: All Education Majors
When: 10/8, 11:30-12:30
Where: BAED 243

Help us honor Mental Illness Awareness Week by joining us in the center for Mental Health-related activities. This will be a come-and-go event with light refreshments & brain nurturing activities. HawkReach will be present to provide information about their services.



RCTE@NSUOK.EDU

918-444-6582

Facing an
EMERGENCY?

The RCTE can help!



RCTE@NSUOK.EDU

November is

Native American Heritage Month

We will have resources available in both centers throughout the month of November. Stay tuned to our Instagram for more info!