

FACULTY MENTOR SPOTLIGHT

| APRIL 2020 |

Each month we spotlight several College of Education Faculty Mentors for you to get to know better. Our wonderful professors and instructors in Education, Psychology & Counseling, and Health & Kinesiology are here for you!

What is a Faculty Mentor?

A Faculty Mentor can be any NSU professor or instructor. Faculty mentors have in-depth knowledge of their field and are the best resource for expanding students' understanding of their discipline.

Faculty Mentors are your go-to for help with:

- Expanding knowledge within your major
- Career exploration and advice
- → Internship opportunities
- → Research opportunities
- → Future academic pursuits
- → Graduate programs

How do I find a Faculty Mentor?

Assigned Faculty Mentor

All students are assigned a Faculty Mentor when you declare a major. You can find who your assigned mentor is at the top of your degree audit (Degree Works) in the section labeled "Advisors".

Faculty Mentor for Field of Interest

Any NSU professor or instructor can serve as your Faculty Mentor, even if they are not assigned to you. Each faculty has an area of expertise that may be better suited for helping you with your specific future goals. Talk with your professors, assigned Faculty Mentor, or <u>Academic Advisor</u> about finding the right Faculty Mentor for you.

Need tips on how to connect with professors? Check out the tips & resources sections at the bottom!

EDUCATION

ELEMENTARY EDUCATION

Dr. Sherry Been

Assistant Professor **Broken Arrow Education 157** (918) 449-6586 been@nsuok.edu

EDUCATION

- B.S. Early Childhood and Elementary Ed, University of Oklahoma
- M.Ed. Elementary Education, University of Oklahoma
- Ph.D. Curriculum Studies, Oklahoma State University

Field Expertise / Research Interests

Early Literacy Children's Literature **Elementary Teaching** Teacher Professional Identity Holocaust Education Teacher Advocacy

Teaching \rightarrow 22 years

At NSU \rightarrow 6 years

Personal hobbies & interests My favorite is to spend time with my family. Hiking, movies, reading, travel, and enjoying chocolate are all at the top of my list!

Favorite course to teach

Who had the biggest impact on your educational experience?

My educational experiences were supported by excellent teachers throughout my formative years. My parents were my first teachers and

My all time favorite course is LIBM 4023. I love books! Children's literature provide powerful means to support both teachers and children.

provided me a framework to explore new ideas and always work through hard situations.

What drew you to your field?

The love for children, children's literature, and the longing to make a difference in lives of children and teachers drew me toward education and kept me focused on supporting others.

Advice for students

I feel one ticket to being a successful teacher is to have a support system in place and to take care of ourselves. As teachers, we sacrifice ourselves for our students and others in our lives. We need to take time to renew our energy, eat well, breathe, get fresh air, exercise, and

PSYCHOLOGY & COUNSELING

Dr. Mary Waters-Bilbo Associate Professor

Tahlequah Haskell Hall 102 (918) 444-3726 watersbi@nsuok.edu

EDUCATION

- B.A. Spanish and English, Rutgers University
- M.A. Counseling Services, Rider University Ed.D. Educational Leadership, Oklahoma State University

Personal hobbies & interests → I love to volunteer in the community--that gives me purpose. I love traveling with my husband anywhere. And I love visiting my son and his husband in DC.

At NSU \rightarrow 9 years Field Expertise / Research Interests

Teaching \rightarrow 30 years

School Counseling

Immigration Equity issues/social justice issues in education

What drew you to your field?

Desire to see ALL students reach their potential.

Favorite course to teach Anything that does not require a text book. I like to give students experiences. Anyone can look up information on his/her/their phone.

Who had the biggest impact on your educational experience? Probably my mother. She modeled intellectual curiosity, and a love of reading. She was an editor and my fondest memory of her is a

phone call when I was at work and she asked me to "parse" a sentence with her. That says everything about my mother.

What do you tell students who don't know what to do with their major? Mary Oliver said it best: "What is it you plan to do with your one wild and precious life". Embedded in this notion is that we have a purpose and we need to find it somehow to make our life meaningful. The purpose can change, but we need to be mindful we get one

chance at life. Advice for students

Undergraduate years need to be an exploration--take history, chemistry, English literature, learn to speak a language---graduate school is to prepare you for something specific. And also I urge them to study abroad. It is more affordable than students might think.

Dr. MooSong Kim

HEALTH & KINESIOLOGY

Assistant Professor Tahlequah RiverHawks Wellness Ctr 116

(918) 444-3217 kimm@nsuok.edu

EDUCATION B.S. Biotechnology, Yosu National University

- M.S. Physical Education, *University of Incheon* M.P.H. Health Promotion and Health Behavior, Oregon State University Ph.D. Kinesiology, Oregon State University
- Personal hobbies & interests

B.A. English Literature and Language, *University of Incheon*

During my weekend, I play badminton on a regular basis.

What drew you to your field? Engaging in regular physical activity gives us a lot of benefits (e.g., improving physical and mental health). I would like to help more people enjoy healthy life by promoting their physical activity.

Favorite course to teach H ED 3353 Community Health because I can have opportunities to share the mission of public health with my students. Furthermore, this course provide future health professional with opportunities to learn the importance of population-based health promotion.

Who had the biggest impact on your educational experience?

Explore what you are interested in and try to make consistent efforts into your interest

What can you do to prepare for life after graduation? The sky is the limit!

specifically for students to visit with them outside of class. Office hours are posted on their doors, in syllabi, or you can request via email. Go to class → Always be prepared → Participate → Display respect

✓ **Introduce yourself** → Whether it's after class or via email, introducing yourself is a great first step to connecting with professors. **Attend their office hours** → It may seem intimidating to stop by a professor's office, but office hours are the time they set aside

- ✓ **Get involved** → Ask your professors about any organization/honor societies to join. Professors often sponsor these, so it is another great way to get more connected to them.
- **Other Resources NSU Resources**

Ask them questions → How did they get into their field? Were they ever lost college students? What can you do with your major?

Education Department → Psychology & Counseling Department

College of Education

- → Health & Kinesiology Department **Academic Advisors**
- **Career Services**
- → What can I do with a major in...?

→ Career & Major Advice

→ MY NSU

Degree Audit

→ goNSU

Student Resources

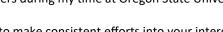
During Office Hours

YouTube

→ How to get to know your Professors better!

Top Mistakes Students Make - Not Visiting your Professor

- → How faculty mentors can help first-generation students succeed
- → Developing Professor Relationships
- **Articles**
- → Guide to Communicating with Professors → How to Build a Strong Relationship with your Professor



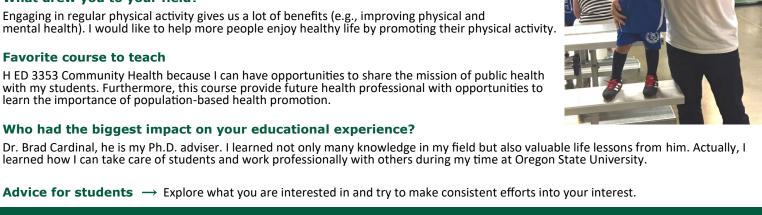
Teaching \rightarrow 8 years At NSU \rightarrow 4 years

Field Expertise &

Research Interests

Exercise psychology

Physical activity promotion Population-based health promotion



Tips on How to Connect with Professors